

Rational-Experiential Inventory

Please use the following scale to answer these questions.

- | | completely false | | | | | completely true |
|--|------------------|---|---|---|---|-----------------|
| | 1 | 2 | 3 | 4 | 5 | |
1. _____ I have a logical mind.
 2. _____ I prefer complex problems to simple problems.
 3. _____ I believe in trusting my hunches.
 4. _____ I am not a very analytical thinker.
 5. _____ I trust my initial feelings about people.

 6. _____ I try to avoid situations that require thinking in depth about something.
 7. _____ I like to rely on my intuitive impressions.
 8. _____ I don't reason well under pressure.
 9. _____ I don't like situations in which I have to rely on intuition.
 10. _____ Thinking hard and for a long time about something gives me little satisfaction.

 11. _____ Intuition can be a very useful way to solve problems.
 12. _____ I would not want to depend on anyone who described himself or herself as intuitive.
 13. _____ I am much better at figuring things out logically than most people.
 14. _____ I usually have clear, explainable reasons for my decisions.
 15. _____ I don't think it is a good idea to rely on one's intuition for important decisions.

 16. _____ Thinking is not my idea of an enjoyable activity.
 17. _____ I have no problem thinking things through carefully.
 18. _____ When it comes to trusting people, I can usually rely on my gut feelings.
 19. _____ I can usually feel when a person is right or wrong, even if I can't explain how I know.
 20. _____ Learning new ways to think would be very appealing to me.

 21. _____ I hardly ever go wrong when I listen to my deepest gut feelings to find an answer.
 22. _____ I think it is foolish to make important decisions based on feelings.
 23. _____ I tend to use my heart as a guide for my actions.
 24. _____ I often go by my instincts when deciding on a course of action.
 25. _____ I'm not that good at figuring out complicated problems.

 26. _____ I enjoy intellectual challenges.
 27. _____ Reasoning things out carefully is not one of my strong points.
 28. _____ I enjoy thinking in abstract terms.
 29. _____ I generally don't depend on my feelings to help me make decisions.
 30. _____ Using logic usually works well for me in figuring out problems in my life.

31. _____ I think there are times when one should rely on one's intuition.
32. _____ I don't like to have to do a lot of thinking.
33. _____ Knowing the answer without having to understand the reasoning behind it is good enough for me.
34. _____ Using my gut feelings usually works well for me in figuring out problems in my life.
35. _____ I don't have a very good sense of intuition.

36. _____ If I were to rely on my gut feelings, I would often make mistakes.
37. _____ I suspect my hunches are inaccurate as often as they are accurate.
38. _____ My snap judgements are probably not as good as most people's.
39. _____ I am not very good at solving problems that require careful logical analysis.
40. _____ I enjoy solving problems that require hard thinking.

Data scheme

Recode: 4, 6, 8, 9, 10, 12, 15, 16, 22, 25, 27, 29, 32, 33, 35, 36, 37, 38, 39

Rational Ability:=(1 + 4 + 8 + 13 + 14 + 17 + 25 + 27 + 30 + 39)/10

Rational Engagement:=(2 + 6 + 10 + 16 + 20 + 26 + 28 + 32 + 33 + 40)/10

Experiential Ability:=(3 + 5 + 18 + 19 + 21 + 34 + 35 + 36 + 37 + 38)/10

Experiential Engagement:=(7 + 9 + 11 + 12 + 15 + 22 + 23 + 24 + 29 + 31)/10